

# Rogers Public Schools

## PRE-K LUNCH MENU

Dec 20, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 HOLIDAY	Jan - 4 NO SCHOOL TODAY
Jan - 7 NO SCHOOL TODAY	Jan - 8 CHICK'N QUESADILLAS "MADE FRESH" SALSA SWEET CORN ORANGE WEDGES-6 1% MILK	Jan - 9 CHARBROIL BURGER LETTUCE&PICKLE CUP SEAS POTATO WEDGES FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Jan - 10 BEEF FINGERS MASHED POTATOES BROCCOLI SPEARS VANILLA BEAR GRAHAM FRUIT CUP 1% MILK	Jan - 11 CHEESE PIZZA SLICE SEASONED GREEN BEAN BABY CARROTS FRUIT SQUEEZY 1% MILK
Jan - 14 CHARBROIL BURGER LETTUCE&PICKLE CUP KRINKLE FRIES MIXED VEGETABLES ORANGE WEDGES-6 KETCHUP MUSTARD PKT 1% MILK	Jan - 15 CHICKEN TAQUITOS QUESO BLANCO BROCCOLI SPEARS GARDEN SALAD FROZEN JUICE TREAT 1% MILK	Jan - 16 TOASTED CHEESE SAND HOMESTYLE VEG BEEF SOUP GOLDFISH CRACKERS BABY CARROTS W/ RANCH FRUIT CUP 1% MILK	Jan - 17 WG CHICKEN NUGGETS MASHED POTATOES SWEET CORN FRUIT CUP CHOCOLATE BEAR GRAHAM KETCHUP 1% MILK	Jan - 18 CHEESE PIZZA SLICE SEASONED GREEN BEAN FRUIT CUP 1% MILK
Jan - 21 NO SCHOOL TODAY	Jan - 22 WG MINI CORN DOGS KRINKLE FRIES BEANS IN SAUCE FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Jan - 23 ROAST PORK CHEESEY MASHED POTATOES MIXED VEGETABLES Wheat Roll FRUIT CUP 1% MILK	Jan - 24 WG FISH STIX MAC & CHEESE SEASONED GREEN BEAN APPLE WEDGES KETCHUP 1% MILK	Jan - 25 CHEESE PIZZA SLICE BROCCOLI SPEARS FRESH EDAMAME FRUIT CUP 1% MILK
Jan - 28 WG CHICKEN NUGGETS KRINKLE FRIES SWEET CORN FRUIT CUP KETCHUP 1% MILK	Jan - 29 BBQ RIB HOAGIE MIXED VEGETABLES RANCH DRESSING FRUIT CUP 1% MILK	Jan - 30 MAC & CHEESE BROCCOLI SPEARS HONEY YEAST ROLL FRUIT CUP MILK choice	Jan - 31 CHICKEN DRUMSTICK BROCC, CHEESE & RICE CASSEROLE GARLIC KNOT VEG MEDLEY (brocc,caulif,carrots) FROZEN JUICE TREAT 1% MILK	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**